



The Wellness Centre is an independent business located within the grounds of the Gosling Sports Park in Welwyn Garden City, Herts.

At the centre we are looking for an enthusiastic and capable HPC registered Physiotherapist with Pilates qualifications to join our team. At The Wellness Centre we; specialise in injury rehabilitation, provide a wide range of sports therapies on site and have a personal training studio. We also deliver consistently high quality Pilates classes from beginners to advanced level. We have 2 fully equipped Pilates studios including reformer beds, Cadillac, high ladder barrel, Pilates chair and arc barrels. We have a strong team of teachers from varying backgrounds and actively promote learning from each other and a team ethic.

Profile of Role:

- Must be experienced in delivering Pilates as a rehabilitation tool, a team player and capable of delivering classes, small groups and 1:1 sessions
- Be capable of delivering a reformer class of up to 10 and a mat class of up to twelve. In addition must be able to deliver a class using both the mat and reformer.
- Integrate with other healthcare professionals on site and understand and participate in our system of cross referral of customers
- Active involvement in mentoring junior teachers and being mentored by our more senior members of the team

The Person:

The successful candidate should have good communication, customer service, and team-working abilities. The role demands a keen attention to detail and delivering a high quality service. Candidates should also have the ability to relate to our customers needs, being flexible with their approach to teaching.

At The Wellness Centre we strongly support personal development. The successful candidate should be willing to learn and progress and participate in a wide range of additional training.

Essential Criteria:

- HPC registered physiotherapist
- Matwork and reformer bed qualified
- Experienced in teaching various types of client from beginners to advanced including Rehabilitation

Desirable Criteria:

- Cadillac, chair and high ladder barrel trained

Salary: £25,000 - £50,000 p.a. for a 40 hour week, pro-rata for part-time, (this includes a performance bonus and is dependent on experience).

Hours: Minimum of 24 hours per week

Please call 01707 330500 to find out more information or to apply for the position, and ask to speak to Paul Spence.

Alternatively, email info@wellnesscentreak.com and address the email to Paul Spence.